

CLIMESSE. ABBREVIATED PRESCRIBING INFORMATION. Indications Hormone replacement therapy for the treatment of menopausal symptoms. Prophylaxis of post-menopausal osteoporosis in women at risk of developing fractures. Presentation Tablets containing 2mg oestradiol valerate USP and 0.7mg norethisterone. Dosage and Administration One tablet daily, as directed on the 28 day calendar pack. CLIMESSE should be taken continuously without a break between packs. CLIMESSE should not be taken by women until at least 12 months after their last menstrual period. CLIMESSE is designed to prevent endometrial stimulation in postmenopausal women, usually resulting in amenorrhoea. Irregular bleeding may occur in first few months but this is usually transient, and amenorrhoea will develop in the majority of women. If after 3-4 months, continued unacceptable

PERIOD FREE HRT FOR POSTMENOPAUSAL WOMEN

HRT without strings

ONE TABLET DAILY

bleeding is still being experienced, CLIMESSE should be discontinued. If bleeding subsides, no further investigation is necessary. Bleeding after a period of amenorrhoea or heavy bleeding after a period of light bleeding may occur. Any doubt regarding the cause of such bleeding should be investigated. Certain conditions may predispose to persistent irregular bleeding, such as uterine polyps and fibroids. Appropriate investigations, including endometrial assessment should be carried out in all women who experience prolonged bleeding or who begin to bleed sometime after initiation of therapy. Patients changing from sequential hormone replacement therapy to CLIMESSE should do so at the end of the oestrogen plus progestogen phase of the sequential therapy, without a tablet free interval. Menopausal status may not be known and in some women endogenous oestrogens may still be being produced. This could result in unpredictable bleeding patterns. Contra-indications Known or suspected pregnancy. Nursing women. History of, known or suspected cancer of the breast. Known or suspected oestrogen dependent neoplasia. Undiagnosed abnormal genital bleeding. Active thrombophlebitis or thromboembolic disorders. Severe cardiac, hepatic or renal disease. Allergy to one or more constituents. Precautions Premenopausal women should not receive CLIMESSE because it may inhibit ovulation, disturb cycle regularity and result in unpredictable bleeding patterns. CLIMESSE is not an oral contraceptive and should not be used to prevent pregnancy. There is suggestive evidence of a slight increase in the relative risk of carcinoma of the breast when HRT is used for longer than five to ten years. Regular breast examinations should be carried out and mammography where appropriate. Women should be instructed in self breast examination. Closely monitor breast status in women with a history of, or known, breast nodules or fibrocystic disease. Thorough gynaecological and physical examination is advised before and periodically during therapy. Carefully observe patients who suffer with diseases which may deteriorate during pregnancy or with oestrogen use, including osteoporosis, migraine, multiple sclerosis, epilepsy, diabetes, porphyria, uterine fibroids and systemic lupus erythematosus. Closely monitor patients with endometriosis. If jaundice, migrainous or unusually severe headaches occur for the first time or any symptoms that are possible prodromata of vascular occlusion, suspend treatment pending further investigation. Consider discontinuation when trauma, illness or impending surgery is considered to entail a risk of thrombosis. Rarely an idiosyncratic rise in blood pressure may occur and necessitate suspension of treatment pending investigation. Most studies show HRT has little effect on blood pressure, however patients with pre-existing hypertension should be monitored regularly. Check liver function every 8-12 weeks in patients with mild chronic liver disease. Closely monitor patients with Dubin-Johnson and Rotor syndrome. Side-Effects Irregular bleeding or spotting in first few months of therapy; it is usually transient. Other side-effects observed during treatment include: breast tenderness, acne, depression, weight gain and fatigue. Other side-effects that may be expected from this type of therapy include: abdominal cramps, nausea, leg cramps, irritability, fluid retention, palpitations, flatulence, bloating, headaches, dizziness, skin rash, dysmenorrhoea, vomiting, change in libido, enlargement of breasts and vaginal discharge. Package Quantities and Price 1 calendar pack of 28 tablets £7.90. 3 calendar packs of 28 tablets £23.70. Legal Category POM. Product Licence Number PL 0101A0396. CLIMESSE is a registered Trade Mark. Full prescribing information, including product Data Sheet, is available from Novartis Pharmaceuticals trading as Sanduz Pharmaceuticals, Frimley Business Park, Frimley, Camberley, Surrey, GU16 5SG. Date of Preparation December 1997

CLIMESSE®

oestradiol valerate & norethisterone

VOLUNTEERS NEEDED FOR A TRIAL OF A POSSIBLE NEW TREATMENT FOR MYALGIC ENCEPHALOMYELITIS/CHRONIC FATIGUE SYNDROME

A national trial sponsored by Shire Pharmaceutical Development Ltd is being carried out for a potential new treatment for ME/CFS. This trial has approval from several Research Ethics Committees in the London region, Manchester, Bristol, Bath, Leeds, Cardiff, Bradford, Cornwall, Oxford and Preston and patient recruitment is already underway.

The drug being researched is Galantamine Hydrobromide. From 300 participants, up to 15 patients are needed at each trial centre. People who have a diagnosis of CFS, Fibromyalgia, or ME may be suitable.

Entry Criteria include:

- ◆ Aged between 18 - 65
- ◆ Not taking any prescribed medication - with the exception of the contraceptive pill - at the time of entry into the trial
- ◆ Must meet the criteria of a diagnosis of CFS
- ◆ Must not have any other physical or psychiatric illnesses
- ◆ Must not have history of ME/CFS in excess of 7 years

The study involves:

- ◆ Up to 8 visits to the hospital over a period of 4 months
- ◆ Taking 2 tablets three times a day. The tablets may either be the new treatment or a non-active placebo
- ◆ Completing questionnaires, performing simple computer tests, have a small blood sample taken at each visit

For further information telephone:

Shire Pharmaceutical Development and ask for Dr Ian Howe on 01264 333455.

CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: Maria Phantis, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 0171 - 581 3232. Fax: 0171 - 225 - 0629. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The publisher will not be responsible for any error in the insertion of, or omission to insert, any advertisement. The charge for space in this section is £25.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 17.5%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse, amend or withdraw any advertisement without explanation. All recruitment advertisements in this section are open to both men and women.

RECRUITMENT

LONG TERM LOCUM REQUIRED on intermittent sessional basis from 1st April 1998, for partner involved in academic activities.

Five-partner training practice, semi-rural, based in Bury St Edmunds, Suffolk.

BMA rates.

Please 'phone Dr Philip Evans or Mrs Chris Wragge (Practice Manager) on Tel: 01284 701601. Fax: 01284 702943.

HB Consultancy - Specialists in international recruitment

General Practitioners Australia

Employment Practices
Global Locations

Vacancies exist for locum or permanent positions with a view to partnership in a variety of attractive locations throughout Australia. Some positions include the opportunity of a complimentary role in the local hospital in either obstetrics, anaesthetics and/or minor surgery. Applicants will need to be able to be registered in Australia.

Confidential enquiries and/or CVs to Jonathan Boyack or Miriama Hikuwai.

HB Consultancy,
25 Wellington Road, Edgbaston
Birmingham, B15 2EU

Tel (0)121 440 4010
Fax: (0)121 440 2615
E-mail: HBCrecruit@aol.com

ARE YOU LOOKING FOR THE CHALLENGE OF A LIFETIME?

Emergency health care in DRC (ex Zaire)

Tackling epidemics in Tajikistan

Introducing WHO strategy to control TB in Siberia

Emergency medical assistance for flood victims in NE Kenya

Installing vital primary care and epidemic control systems in Liberia

MERLIN (Medical Emergency Relief International) is a British medical charity specialising in high quality medical care in disaster zones worldwide.

We are urgently seeking doctors, particularly with backgrounds in public health, general practice, infectious diseases, tropical medicine, surgery and anaesthesia to join our programmes overseas. Contracts from 6 - 12 months. No age limit.

Please forward CV (quoting ref: BGP/07) to HR Department: 14 David Mews, London W1M 1HW. Email: hr@merlin.org.uk Fax: 0171 487 4042.

Reg Charity No: 1016607



WONDERFUL OPPORTUNITY for the right person to join my practice. I am GP Tutor and VTS organiser and was senior partner of teaching fundholding practice. I have set up a new practice in superb conditions and all the support I could think of from the HA. After a year, we have accomplished all growth and income targets and we provide a complete first rate service on a council estate. Now that there is a viable living, I need to think of the long term future and find the right person to join me, with a view to developing a partnership and to share the opportunity for the most satisfying General Practice I have enjoyed.

Send CV to Grange Park General Practice, Dinmore Ave, Blackpool, FY3 7RW (01253 302794).

PRACTICE VACANCY - EAST RIDING OF YORKSHIRE

Applicants are invited for a practice which became vacant upon the resignation of the existing general medical practitioner on 10 December 1997. The practice premises are situated in Roos and Aldbrough (available to purchase) and Burton Pidsea (available to rent).

There are approximately 2,300 patients currently registered with the practice which is situated within the MPC area of Holderness and is currently classified as Intermediate.

Applicants should be able to demonstrate to the Medical Practices Committee that they are suitably experienced (as prescribed in the NHS Vocational Training Regulations 1979) and must be eligible for self-employment in the UK.

Shortlisting will be done on the basis of Business Plans which candidates will be asked to submit with their application.

Further details and an application form can be obtained by contacting either Miss C Grannon or Miss C Vickerton at the East Riding HA, Grange Park Lane, Willerby, HU10 6DT. Tel: 01482 650700

Closing date for receipt of applications is 16 March 1998. Interviews will be held on 26 March 1998.

DOCTORS

Required for Insurance, Health Screening

Countrywide especially

Norfolk

Buckinghamshire

Hertfordshire

Northampton

Hereford & Worcester

North Yorkshire

South West/London

Devon & Cornwall

South East London

West London

Most work on mobile

Please reply with a brief CV to

Laura Holden

Harley Street Doctors Ltd

77 Harley Street

London, W1N 1DE

Let us help you pass...

Intensive Revision Courses

MRCGP

London March 21/22 or Manchester March 14/15 1998

DCH

London 27-31 July 1998

DRCOG

London March 20-22 or Manchester April 3-5 1998

New Course

GP UPDATE (PGEA approved)

Manchester March 9-13 1998

**Plus Extensive Range Of Study Guides By Return Of Post
MRCGP, DCH, DRCOG, MRCOG**

Contact us now for further details
PasTest, Dept BG, FREEPOST, Knutsford, Cheshire, WA16 7BR

TEL: 01565 755226

PAS TEST

FAX: 01565 650264



UNIVERSITY OF ABERDEEN

MSc and CERTIFICATE in OCCUPATIONAL HEALTH

28 SEPTEMBER TO 4 DECEMBER 1998

A 10-week, full-time course will be run by the University of Aberdeen. It is intended for physicians working full or part time in industry and is ideal for those who wish to take the examinations for the Diploma and Associateship of the Faculty of Occupational Medicine of the Royal College of Physicians of London. Clinical instruction may be available for AFOM candidates.

After successful completion of the examination at the end of the course, a University Certificate will be awarded. Successful candidates may then proceed to the degree of MSc by undertaking a supervised research project over the rest of the year (full-time), or over two years (part-time).

FOR FURTHER INFORMATION PLEASE CONTACT:

Mrs L Alexander or Prof A Seaton, Department of Environmental & Occupational Medicine, University Medical School, Foresterhill, Aberdeen AB25 2ZD.

Tel: 01224 681818 Ext 52459 or Fax: 01224 662990



NSMI

NATIONAL EDUCATION PROGRAMME

National Sports Medicine Institute/British Association of Sport and Medicine



The foundation course is the **General Sports Medicine Course** designed for medical professionals. **Five days PGEA and CME accreditation are given.**

The **Intermediate Sports Injury Courses** concentrate on the proper examination of normal joints with regard to the diagnosis and management of sport specific injuries. **Five days PGEA and CME accreditation are given for each course.**

The Practical Sport and Medicine Course has a curriculum that varies each year and further develops the practical examination and sporting themes of the Intermediate Courses. Both delegates and families are welcome.

The **Diploma Preparation Course** is designed for medical practitioners who are taking a sports medicine diploma. **PGEA and CME being sought.**

FORTHCOMING COURSES

Diploma Preparation Course (NEW)	(Booking)	23-26 March 1998	Costs to be confirmed, St James's Hospital, Leeds
General Sports Medicine Course	(Booking)	19-24 April 1998	£360 to £510, Lillleshall Hall National Sports Centre
Intermediate Sports Injury Course - Part One	(Booking)	12-17 July 1998	£490 to £610, Lillleshall Hall National Sports Centre
General Sports Medicine Course	(Booking)	20-25 September 1998	£360 to £510, Lillleshall Hall National Sports Centre
Practical Sport and Medicine Course	(Booking)	15-22 October 1998	£390 to £780, Club La Santa, Lanzarote (Non-delegates welcome)
1998 BASM National Congress (PGEA and CME being sought)		5-8 November 1998	Details available on request, Peebles Hydro, Peebles, Scotland
Intermediate Sports Injury Course - Part Two	(Booking)	22-27 November 1998	£490 to £610, Lillleshall Hall National Sports Centre

1999 courses are now booking and details are available on request

For further details please contact Barry Hill at the NSMI Medical Education, c/o The Medical College of St Bartholomew's, Charterhouse Square, London EC1M 6BQ. Tel: 0171 251 0583 ext 237. Fax: 0171 251 0774. E-mail: h.g.hill@qmw.ac.uk www.nsmi.org.uk

CHACE POSTGRADUATE MEDICAL CENTRE
Chase Farm Hospital, The Ridgeway, Enfield, EN2 8JL

PAEDIATRIC SURVEILLANCE COURSE FOR G.P.s.
13th - 17th July 1998

PGEA approved four and a half days, includes surveillance practicals.
Fee: £425.00

Applications to Miss Massen, Postgraduate Centre Manager,
at the above address. Tel: 0181 366 9121

Diploma in Occupational Medicine

Faculty-approved modular training course to be held in Guildford on Wednesdays, April 22 - June 17 1998. PGEA9 days. Modules or days may be purchased individually.

Doctors who are awarded the Fom Dip Gec Med will gain learning credits towards Surrey University's PG Dip/MSc in Occupational Health and Safety should they wish to continue their academic studies.

**Contact: P Kenny, Robens Centre for Occupational Health & Safety, University of Surrey, Guildford GU2 5XH
Tel: 01483 568637**

RESUSCITATION UPDATE COURSE FOR GENERAL PRACTITIONERS

Using Advanced Life Support Course techniques in small group and practical "hands on" teaching, this one day course covers the essentials of:

Basic Life Support Airway management
Defibrillation and monitoring Rhythm recognition
Initial management of major trauma Paediatric resuscitation

PGEA approved for 6 hours

Further details from:
Mr P Burdett Smith, Royal Liverpool University Hospital
Tel: 0151 706 2057 Fax: 0151 706 5899

Somerset Postgraduate Centre

"UPDATING IN MAY"

5 DAY REFRESHER COURSE

11 - 15 MAY 1998

PGEA Approved

This is a very friendly course offering a wide range of topics with excellent speakers, clinical tutorials and group participation, and evening social events.

Course fee £200 for whole week or £50 per day.

Contact: Miss Doreen Burnell, Somerset Postgraduate Centre,
Taunton & Somerset Hospital, Musgrove Park, Taunton TA1 5DA
Tel: 01823 342430 Fax: 01823 342432

**One Week Course
for**

UMDS

GUY'S AND ST THOMAS'
MEDICAL AND DENTAL
SCHOOL

**GENERAL PRACTITIONERS
at
GUY'S HOSPITAL**

11 - 15 MAY 1998

Knowledge Update, Skills sessions

Visits to specialist Departments

COURSE FEE £340

30 hours PGEA approval is being sought

Application forms from: Postgraduate Medical
Department, Sherman Education Centre, Guy's Hospital,
London SE1 9RT
Tel: 0171 955 4190 Fax: 0171 955 4913



MSc

Postgraduate Diploma and Certificate

in

Nutritional Medicine



This modular part-time programme, the first of its kind in the UK, will cover all aspects of nutrition and health. Modules may also be taken as stand-alone short courses.

From September 1998, the following modules will be offered:-

1. Principles of Nutritional Science
2. Principles of Applied Nutrition and Epidemiology
3. Antioxidants, Phytochemicals and Disease
4. Obesity, Diabetes and Eating Disorders
5. Diet, the Gut, Food Allergy and Intolerance
6. Nutritional Aspects of Pregnancy, Infancy and Childhood
7. Nutrition and Ageing
8. Lipids and Essential Fatty Acids
9. Trace Elements in Health and Disease
10. Clinical Nutrition and Nutritional Support
11. Nutrition and Exercise for Health and Sports Performance
12. The Brain and Nervous System; Diet and Behaviour

Applicants should have a medical degree or a good honours degree in an appropriate science or health discipline.

Further information can be obtained from the Course Administrator, Mrs. Betty Fitzgerald, School of Biological Sciences, University of Surrey, Guildford GU2 5XH; Tel: 01483 259730; Fax: 01483 300374; e-mail: C.Fitzgerald@surrey.ac.uk

Promoting excellence in education and research

*University of Hull
Executive MBA in
Health Services Management
in London*

The MBA (Health Services Management) is aimed at clinical and non-clinical decision makers in the public and private sector. The programme provides relevant management training and a highly marketable post-graduate qualification to those seeking more senior posts in primary and secondary health care.

- London based
- 24 months duration
- Weekend attendance (13 over the two-years)
- Assessment by assignments
- Greenwich DMS (pre-MBA) also available
- October, February and June start dates

For further information contact:
Greenwich School of Management
Meridian House, Royal Hill,
London SE10 8RT

Tel: 0181 516 7800
Fax: 0181 305 1782

<http://www.greenwich-college.ac.uk>
e-mail: gmak@greenwich-college.ac.uk



**St George's Hospital
Medical School**

University of London

Applications are invited for the following two-year day release courses:

MSc IN HEALTH SCIENCES

A unique multi-disciplinary course appropriate for all health care professionals. Modules in research methods, statistics, social science, management, communication epidemiology, health promotion, inter-professional work, ethics, computing, plus further choice of electives and dissertation.

MSc IN PUBLIC HEALTH

Provides the academic basis for the practice of public health. Modules in epidemiology, statistics, communicable disease control, environmental health, management, social science, health promotion, health economics, plus dissertation.

MSc IN ADDICTIVE BEHAVIOUR

Provides an academic basis for work in addiction. Modules in recognition and assessment, intervention strategies, HIV/AIDS, health promotion, management, statistics and research methods, plus fieldwork placements, electives and dissertation.

**For further information contact: Assistant Registrar,
St George's Hospital Medical School, Cranmer Terrace,
Tooting, London SW17 0RE. Telephone 0181 725
2630/2629.**



THE WOUNDED HEALER

AN OPPORTUNITY TO EXPLORE YOURSELF IN
RELATION TO THE CHALLENGES AND STRESSES
OF PRACTICING MEDICINE.

**JUNE 7TH-13TH
IN THE SCOTTISH HIGHLANDS**

FOR FURTHER DETAILS CONTACT:

Fiona Fraser,
Postgraduate Medical Education,
Raigmore Hospital,
Inverness IV2 3UJ.
Telephone: 01463 705201



THE DEPARTMENT OF GENERAL PRACTICE

The University of Manchester
MSc PRIMARY HEALTH CARE

1 year full-time or 2 years part-time

Modules are also available as short courses



World Health Organisation
 collaborating Centre for
 Primary Health Care

The course aims to provide academic training for practising health workers (doctors, managers, nurses, pharmacists, midwives, social workers and others). The programme is particularly designed for those providers of care already holding responsibility for planning services, or for those wishing to develop research and teaching skills, contemplating an academic career or simply interested in advancing their knowledge in particular aspects of Primary Health Care.

The course will include:

Research methods for analysing needs and evaluating health services
 (inc. critical appraisal and evidence based health care)

Management and communication skills

Health Service Management for Primary Health Care and health care ethics

Health and illness: the community perspective

Optional modules from a very wide choice from various departments

Dissertation topic chosen to relate to participants own particular interests

Special study is available on request in a number of areas

For further information please contact Mrs Caroline Connolly, Course Administrator,
 Department of General Practice, Rusholme Health Centre, Walmer Street, Manchester M14 5NP.

Tel: 0161 256 3015 Fax: 0161 256 1070 E-mail: h.lovel@man.ac.uk



**Full time principal post in
 7 partner practice in
 Southwark?**

**Part time assistantship in
 Lewisham?**

**Long term locum in
 fundholding practice in
 Lambeth?**

Interested?

If so, sign up for the GP Matching Programme.

The GP Matching Programme is an NHS scheme with a central database of information about partnership, assistant and long-term locum vacancies within practices in **Lambeth, Southwark and Lewisham.**

You can be sent up-to-date details of practice vacancies matching your requirements. On joining a post you will be invited to an induction programme and a weekly facilitated peer support group meeting for educational and professional development.

For an information pack and application form contact **Julia Chant, Project Administrator, South London Organisation of Vocational Training Schemes, Room 10, Gassiot House, St Thomas's Hospital, London SE1 7EH.**
 Tel: 0171 922 8115.

Capita Conferences

Capita offer a comprehensive range of conferences for *NHS Managers and Practitioners* including:

Healthcare Resource Groups: What's Next?
 4th March 1998

Can You Get More Quality for Less Money?
How to Maximise Efficiency and Improve Quality
 23rd March 1998

Mental Health in Prisons – Moving Towards Partnership
 27th March 1998

Other forthcoming events include:

Mental Health Services for Children and Young People
 18th March 1998

Impact of Public Health on Organisational Development
 23rd April 1998

Quality in Primary Care
The New NHS: New or Lost Opportunities
Partnerships in Action: The Health and Social Care of Elders
 22nd April 1998

MDOs: The Whole System Approach
 20th April 1998

For further details contact: Alix Crawford, Capita, 4th Floor,
 Dean Bradley House, 52 Horseferry Road, London SW1P 2AF

Tel: 0171 222 5110 Fax: 0171 222 4952



THE LONDON UNIVERSITIES' COURSE IN STDS AND HIV

Spring course: 28 April to 27 May 1998

This 10-day modular course is organised to coincide with the dates of the *Diploma in G-U Medicine of the Society of Apothecaries*, held twice a year in June and December. Its aim is to provide both an overview and information on the latest developments of the specialty. It is primarily designed for medical graduates intending to pursue a career in STDs, doctors with an interest in STDs and HIV and consultants in G-U Medicine, wanting to update themselves in aspects of the specialty.

For further information/application form, please contact:

**CENTRE FOR PROFESSIONAL DEVELOPMENT at UCL,
Whittington Campus, Highgate Hill, London N19 5NF.
Tel: 0171-288 3351 (24 hours); Fax: 0171-288 5040.**

Eleventh International Balint Congress Exeter College Oxford, September 9th - 13th 1998

The British Balint Society is hosting this event under the theme "Doctors and Patients in the 21st Century". Speakers include Professors Ian McWhinney and Roger Higgs. There will also be case discussions in small groups, research presentations and a symposium about the future of the Balint approach in different countries. Evening entertainment includes a concert by I Fagiolini and a conference banquet and ceilidh.

For full details and an application form please write to:

Dr Paul Sackin, The Surgery, School Lane, Alconbury,
HUNTINGDON, Cambs PE17 5EQ.
FAX: 01480 891787



THE UNITED KINGDOM STOMA ASSOCIATIONS CONFERENCE MEDICAL SYMPOSIUM

"Disease and the Ostomate"

at
The Royal College of Surgeons of England

on
Tuesday 10th March 1998

Speakers:

Professor Sir Miles Irving	Dr Ross Sibson
Professor Gordon McVie	Mr James P S Thomson
Mr Raymund Carroll	Dr Brian Warren
Professor Norman S Williams	Mr Rupert Calleja
Mr Patrick Doyle	Mr David Birch

For further information please contact:

The British Colostomy Association
15 Station Road
Reading, Berkshire RG1 1LG
Tel/Fax: 01189 391537
Email: sue@bcass.org.uk
Conference fee: £75.00

CME accredited

Chairman: Liz Young TD, BSc, SRN
Tom Keily, Chairman, Ileostomy and Internal Pouch Support Group
Howard Jones, CBE, Chief Executive, British Colostomy Association
Angela Cook - National Secretary Urostomy Association



**The Royal Institute of Public Health and Hygiene
and Society of Public Health
28 Portland Place, London W1N 4DE**

OCCUPATIONAL MEDICINE - DIPLOMA COURSE

5th October - 16th October 1998

This ten day course is designed for General Practitioners seeking foundation training in occupational medicine with a view to obtaining the Faculty of Occupational Medicine's Diploma in Occupational Medicine.

The course, which is Faculty approved, will prepare candidates for the December 1998 Diploma written examination. PGEA approval has been obtained and the course will be run at 28 Portland Place, London.

Distinguished speakers from a wide range of occupational medicine, occupational health and academic backgrounds will cover all aspects of the Faculty's Diploma syllabus.

Visits to commercial and industrial sites are included in the course.

The course fee is £945 and includes tuition, all course materials, lunch and refreshments.

For further details please contact:

Ms Geri Maylin, Education & Training Department, RIPHH,
28 Portland Place, London W1N 4DE. Tel: 0171 580 2731
Fax: 0171 580 6157 Email: riphh@corpex.com



MSc in Contemporary Health and Social Policy

Prepare yourself for the 'New NHS' with a team of applied academics at its cutting edge.

Whether as a GP, practice manager, or another member of the primary team, we will help you:

- develop a real understanding of contemporary health policy
- place health policy in its social context
- learn robust analytical skills to use in practice

Course options allow you to specialise in such subjects as primary and community care, and research and evaluation techniques.

Study full-time or part-time - starting October 1998.

Further details are available now by calling 0171 477 8500 or by writing to: Geoff Meads, Professor of Health Services Development, School of Social Sciences, City University, Northampton Square, London EC1V 0HB. Please quote ref: MCHSP.

Teaching and research excellence in London

BRITISH MENOPAUSE SOCIETY ANNUAL MEETING

To be held at: HERIOT WATT UNIVERSITY: RICCARTON: EDINBURGH:
on Thursday & Friday 16th & 17th July 1998

The above Society takes pleasure in announcing details of its forthcoming Annual meeting on the Menopause.

You will already be aware of the tremendous upsurge in interest in this area, and we shall be looking at the latest developments in a number of key areas.

Subjects to be covered in the following sessions include:

- Session 1:** Alternatives to HRT:
- Session 2:** Discussion Groups & free communications:
- Session 3:** From the pill to HRT:
- Session 4:** The Solvay lecture - Oestrogens and the immune system:
- Session 5:** Poster session:
- Session 6:** HRT and the circulation:
- Session 7:** SMS/Novo research award:
- Session 8:** Problems relating to ageing:
- Session 9:** Discussion Groups and free communications:
- Session 10:** Contentious issues:
- Session 11:** Your questions answered.

CME CREDITS = 12 for the two days

PGEA for GENERAL PRACTITIONERS = 4hrs Health Promotion
4hrs Disease Management 4hrs Services Management

TOTAL CREDITS FOR TWO DAYS = 12

For further information and to receive a programme and Registration Form, please contact the:

Executive Secretary at 36 West Street, Marlow, Bucks SL7 2NB
Tel: 01628 890199

Stress Reduction for General Practitioners

2 day residential seminar combining Eastern and Western approaches for the prevention and self-management of stress in General Practice.

11 and 12 March 1998
Builth Wells, Powys, Wales

PGEA approved

Application and particulars: **Mrs Helen Martin, Dyfed Powys Health Authority, PO Box 13, Carmarthen SA31 3YH. Tel: 01267 225225**

To discuss the course with Dr Prem:
Surgery: 01437 721306. Home: 01348 837947

1998 * Youth Support * 1998

The Forum on Adolescent Health and Welfare announce the Thirteenth Forum Meeting and Second *Youth Support* Conference

International Conference on Adolescent Health

Dates - Thursday 22nd / Friday 23rd October 1998
Venue - The Royal College of Physicians, St. Andrews Place,
Regent's Park, London

*Featuring - Keynote addresses by speakers of International renown;
Dual lecture halls with parallel primary sessions;
Free papers; Poster presentations;
Workshop sessions; Discussion groups*

"Youth - Our Resource for the Future"
Youth Support Conference Administration
Youth Support House, 13 Crescent Road, London B53 2NF
Tel: 0181 650 6296 Fax: 0181 659 3309

Royal College of General Practitioners Fellowship by Assessment Working Group

NATIONAL FBA STUDY DAY FOR REGIONAL SUPPORTERS, FBA ADVISERS AND ASSESSORS

led by Professor Mike Pringle FRCGP
and Dr Alison Kay FRCGP

Tuesday 5th May 1998 from 10.30 - 4.30pm
at the RCGP, 14 Princes Gate, London

Programme includes:
launch of the new criteria (FBA9), a detailed look at
advising and assessing and a presentation on the
new Quality Practice Award

PGEA applied for. Cost: £50.00 inc. lunch & VAT

For provisional bookings and further details contact:
Janet Baily, FBA Administrator
Tel: 0115 9709391 Fax: 0115 9709389
e-mail: js97@dial.pipex.com

MOORFIELDS EYE HOSPITAL

N.H.S. TRUST

Patron: Her Majesty The Queen
(in association with the Institute of Ophthalmology)

GENERAL PRACTITIONERS COURSE IN OPHTHALMOLOGY 27-29 APRIL 1998

A three day course will be held in the Clinical Tutorial Complex, Moorfields Eye Hospital. The course has been put forward for approval to the PGEA Scheme under Disease and Service Management.

The following sessions are scheduled:

The Watring Eye and Common Adnexal Problems
Neuro-ophthalmology
Diabetes
Glaucoma
Vitreoretinal and Ocular Trauma
Strabismus
Medical Retina
Cataract

Each session will include lectures and the clinical demonstration of patients from each service.

Course Organiser: Mr R D Daniel BSc RCS DO

COURSE FEE: £300 (to include lunch and refreshments)

For further details please contact:

The Courses Office
Postgraduate Medical Education Centre
Moorfields Eye Hospital
City Road
LONDON EC1V 2PD

Telephone: 0171 566 2248 Fax: 0171 566 2249

Institute of Child Health

and Great Ormond Street Hospital for Children NHS Trust

UNIVERSITY COLLEGE LONDON MEDICAL SCHOOL

Cochlear Implant Information Day

Thursday 30 April 1998

The purpose of this open day is to inform parents and professionals with regard to the assessment, implantation and rehabilitation of children on the Cochlear Implantation Programmes. Topics will include an introduction to the cochlear implant programme assessment period and criteria for selection; surgical aspects; tuning and maintaining a cochlear implant system; the psychologist's role on the cochlear implant team; rehabilitation and the role of the teacher of the deaf; role of the speech and language therapist.

Fee: £75 (doctors) / £50 (teachers, therapists) / £25 (parents)

Developmental Examination

Monday 11 - Friday 15 May 1998

This course is designed to give doctors who work with young children an insight into the principals that underlie, and the practical skills involved in developmental examination. The course presents a scheme which includes examination of the special senses and is complemented by demonstration and supervised practice sessions.

Fee: £395

Feeding Problems and Eating Disorders in Children and Adolescents

Tuesday 19 - Wednesday 20 May 1998

This course aims to help in the recognition, diagnosis and management of feeding disorders in children and adolescents. The first day of the course will cover the psychological assessment and management of feeding and eating difficulties in young children. The second day deals with onset anorexia nervosa and related eating disorders of children aged 7-16. It will be practical focussing on how to recognise, assess and treat such children.

Fee: £150/£75

Diploma in Child Health Revision Course

Tuesday 30 June - Friday 3 July 1998

The purpose of this course is to give emphasis to those areas of the DCH syllabus - developmental, educational, behavioural, and social - which are not well covered in standard textbooks. The programme includes demonstrations of the neuro-developmental examination of babies aged 6 weeks, 9 months, and 3½ - 4 years, mock written examination, practical clinical sessions and advice on examination technique.

Fee: £375

For further information please contact:

**Courses and Conferences Office, Institute of Child Health,
30 Guilford Street, London WC1N 1EH**

Tel: 0171 829 8692, Fax: 0171 831 0488, email: Courses@ich.ucl.ac.uk



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Medical Adviser



BMA Salary scales apply - c£55K - (relocation expenses available) Birmingham

Policing a large, diverse, multi-racial community like the West Midlands places considerable, physical and mental demands on the 11,000 uniformed and civilian staff of West Midlands Police.

West Midlands Police is the country's second largest Police Force and one of the most progressive and professional. In order to achieve these goals provide a comprehensive and high quality medical service to our employees.

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Please forward C.V. to our Adviser, Tim Lewindon, Riley Consultancy, Riley House, 4 Red Lion Court, Fleet Street, London EC4A 3EN, quoting ref: 535/BMJ. Tel: 0171 353 3223. Fax: 0171 583 2527. An information pack is available if required.

Closing date: 16th March 1998.

If you have a disability and you meet the essential job requirements you will be shortlisted for inclusion in the recruitment process. West Midlands Police has a positive equal opportunities policy to ensure that all applicants are treated fairly. We also operate a no-smoking at work policy.



Riley
CONSULTANCY

Atrial Fibrillation in Hospital and General Practice:

the Sir James Mackenzie Centenary

Consensus Conference

Thursday 3 and Friday 4 September 1998

to be held at New Hall, University of St Andrews



A Consensus Panel, chaired by **Dr Kim Fox**, Consultant Cardiologist, Royal Brompton Hospital, London will address the following questions during a two day conference, with the purpose of reaching a consensus.

- **how do we maintain sinus rhythm in paroxysmal atrial fibrillation?**
- **how do we restore sinus rhythm in persistent atrial fibrillation?**
- **how do we achieve optimal cardiovascular function in atrial fibrillation?**
- **how do we prevent thromboembolism in atrial fibrillation?**

Speakers to include:

Dr Ale Algra; Dr Peter Bloomfield; Professor John Camm; Professor Ronnie Campbell; Professor Harry Crijns; Dr Wyn Davies; Dr Francis G Dunn; Dr Clifford Garratt; Dr Barclay Goudie; Professor Robert Hart; Professor John Hampton; Professor Richard Hobbs; Dr Peter Humphrey; Dr Kevin Jennings; Dr Richard Lindley; Dr Gregory Lip; Dr Graham Turpie.

Abstracts are invited and should be submitted by 31 March 1998.

Category of Registration	Registration Fee	Registration Includes
Rate A - Residential Delegate	£350	3 nights' bed and breakfast in New Hall, tea/coffee and lunch on Thursday and Friday, full social programme and conference documentation.
Rate B - Non-Residential Delegate	£250	tea/coffee and lunch on Thursday and Friday, full social programme and conference documentation.
Rate C - Residential Accompanying Person	£175	3 nights' bed and breakfast in New Hall, full social programme.
Rate D - Non-Residential Accompanying Person	£125	full social programme
Rate E - Ceilidh Ticket (for accompanying persons wishing to join delegate on Friday evening only)	£60	1 nights' bed and breakfast in New Hall and attendance at Farewell Dinner and Ceilidh.

Registration and Abstracts Forms can be obtained from: Mrs Margaret A Farquhar, Consensus Conference Co-ordinator, Royal College of Physicians of Edinburgh, 9 Queen Street, Edinburgh, EH2 1JQ.

Tel: + 44 (0) 131 225 7324 Fax: + 44 (0) 220 4393 email: m.farquhar@rcpe.ac.uk

Royal College of General Practitioners

Sales Office

MEDICAL RECORD CARD PRICE LIST

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Please allow up to 21 days for delivery.

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15TH WORLD WONCA CONFERENCE

PEOPLE AND THEIR FAMILY DOCTORS - PARTNERS IN CARE

Hosted by the Irish College of General Practitioners

R.D.S., Dublin, June 14th - 18th 1998

- ◆ This years World Conference for Family Doctors in Dublin, Ireland will focus on the changing relationship between family practitioners and their patients as we approach the next millenium.
- ◆ Join us in Dublin and set the agenda for the future.
- ◆ Dublin is a city of history and culture - come and trace the footsteps of "Ulysses" and enjoy the lively conversation, music and dance.

IMPORTANT DATES FOR YOUR DIARY:

Early Registration - March 31st, 1998

- Early registration is recommended in order to guarantee accommodation.
- 3,000 delegates are expected to attend.
- 1,500 registered to date.
- 1,400 abstracts submitted at closing date.

THE IRISH COLLEGE OF GENERAL PRACTITIONERS

Corrigan House, Fenian Street, Dublin 2

Tel: 353-1-6763705/6, Fax: 353-1-6765850

E-mail: wonca@icgp.ie, Web: <http://indigo.ie/-icgp/>

Who regulates our medicines?

The role of the Medicines Control Agency

Doctors write prescriptions for medicines every day but who controls these powerful treatments? The regulatory authority for human medicines in the UK is Health Ministers, whose executive arm is the Medicine Control Agency (MCA). Its primary function is to safeguard public health by ensuring that all medicines - both branded and non-branded - on the UK market, meet acceptable standards of safety, quality and efficacy.

Licensing medicines

Medicines (unless exempted) need a marketing authorisation before they can be made available to the public. This includes new drugs, versions of existing products and all variations to existing licences. Applications are made, usually by pharmaceutical companies, to the MCA. Its 450 staff, including over 50 doctors, 90 pharmacists and many other scientists have the task of balancing the benefits of medicines against possible risks, before they are approved for use.

Expert advice

Assessment of medicinal products, particularly new drugs, is a very specialised activity and the MCA often seeks the advice of experts such as the Committee on Safety of Medicines (CSM). During the process of authorisation a Summary of Product Characteristics (SPC, formally the Data Sheet) is agreed which provides detailed information covering the clinical, pharmaceutical and pharmacological profile of the new medicine. This information is summarised in the monographs of the British National Formulary.

Monitoring medicines on the market

After medicines have been authorised, the MCA continues to monitor them and keeps records of side effects reported. The voluntary adverse reaction alerting scheme, the "Yellow Card Scheme", makes a key contribution so that potential problems can be quickly recognised and dealt with by making changes, if necessary, to the marketing authorisation. New information about medicines and their potential adverse effects is passed back to doctors via the newsletter, *Current Problems in Pharmacovigilance*.

Inspection and enforcement

All UK manufacturers, wholesalers and importers of medicines also have to be licensed. Regular inspections of their premises ensure that the required standards of quality assurance are maintained. Suspected illegal activities are investigated and those breaking the law may be prosecuted.

Better medicines, faster

Rigorous medicines control is a key part of protecting public health in the UK. New and better medicines are vitally important for treating many illnesses. The MCA recognises this and, whilst applying strict standards of safety, quality and efficacy laid down by the Medicines Act and EC legislation, it also works hard to see that treatments that could save lives are licensed and made available to patients as quickly as possible.

If you would like to know more about the work of the MCA, a book entitled "Towards Safe Medicines" is available, free, from the Information Centre Rm 1207 Market Towers at the Medicine Control Agency, 1 Nine Elms Lane, Vauxhall, London SW8 5NQ. Alternatively you could visit our Internet website to find out more.

Telephone: 0171 273 0000 (Central Enquiry Point)
Facsimile: 0171 273 0353
Website: <http://www.open.gov.uk/mca/mcahome.htm>



Why Vacuum Autoclaves?

Conventional bench top autoclaves should not be used to sterilize wrapped instruments or textile products. So how can a practice safely sterilize instruments in paper peel-packs? A Vacuum Autoclave will provide the solution - here's why:

An instrument is sterilized by exposure to saturated steam, under pressure, in the total absence of air, at a sufficiently high temperature, for a sufficient period of time. In practice, this means at a temperature of either 134 degrees C for 4 minutes at 2.1 bar pressure, or 121 degrees C for 20 minutes at 1.1 bar pressure.

Non-Vacuum Displacement Autoclaves

Conventional non-vacuum steam autoclaves have no air removal phase, and rely instead on the passive displacement of air from the chamber as the steam pressure increases prior to the sterilization cycle. If paper pouches are used to wrap instruments for sterilization, or if there are complex cavities or small lumen within individual instruments, there is a danger that pockets of contaminated air may become trapped, thus preventing proper steam penetration. For this reason, non-vacuum bench top autoclaves should only ever be used to sterilize unwrapped

instruments and even then, only for those instruments of simple design and construction having no complex internal cavities or lumen. Such non-vacuum autoclaves are sometimes referred to as displacement autoclaves.

Vacuum Autoclaves

If a bench top autoclave is to be used to sterilize either instruments in paper pouches, or textile products, or instruments with lumen, the air from within the autoclave chamber must be forcibly evacuated prior to the commencement of the steam sterilization cycle. This can only be achieved in practice using an autoclave equipped with a pre-sterilization vacuum cycle.

The actual sterilization cycle of a vacuum autoclave is preceded by a phase during which a vacuum pump is used to evacuate the air contained within both the chamber and the instrument load. The chamber air is drawn out through a purge valve, to ensure air removal, to a negative pressure of minus 0.65 bar. At the end of the sterilization cycle an equalization phase takes place to normalize the chamber pressure, thus allowing the door to be opened. Because the pre- and post-vacuum cycles are so efficient, instruments in paper pouches may safely be sterilized in a vacuum autoclave.

Chamber size

Autoclave chamber size is usually referred to either as dimensional or by capacity. For example a chamber size of 250mm diameter by 450mm depth will have a capacity of 21 litres. Vacuum autoclaves tend to have larger chambers because wrapped loads are usually more bulky.

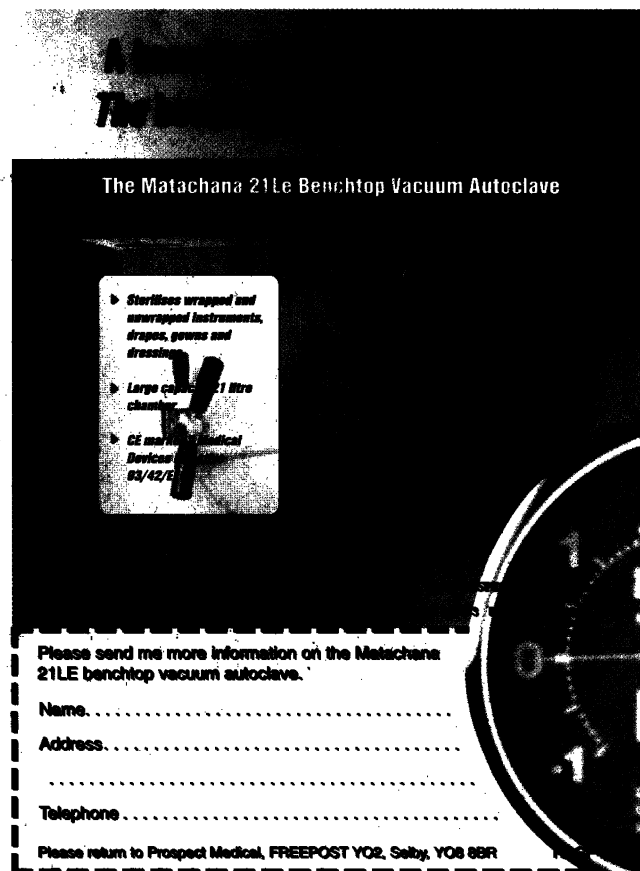
Printer/recorder

Although not an essential requirement, most autoclaves are offered with a printer/recorder. This means that a permanent record of every cycle completed is kept, with an indication of whether or not sterilization conditions were achieved.

The 'CE' mark - Medical Devices Directive 93/42/EEC

The provisions of the Medical Devices Directive 93/42/EEC become mandatory in the UK in June 1998. In anticipation of this only those products carrying the CE mark indicating compliance with the Directive should be considered.

A Vacuum Autoclave gives the busy practice the scope and flexibility to respond to changing demands for 'ready-to-use' sterile instruments and equipment. Given the potential consequences of inadequate sterilization, vacuum autoclaves may well be seen as essential equipment in every surgery.



The Matachana 21LE Benchtop Vacuum Autoclave

- Sterilizes wrapped and unwrapped instruments, drapes, gowns and dressings
- Large capacity 21 litre chamber
- CE marked Medical Device 93/42/EEC

Please send me more information on the Matachana 21LE benchtop vacuum autoclave.

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Address.....

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Please return to Prospect Medical, FREEPOST Y02, Selby, YO8 8BR