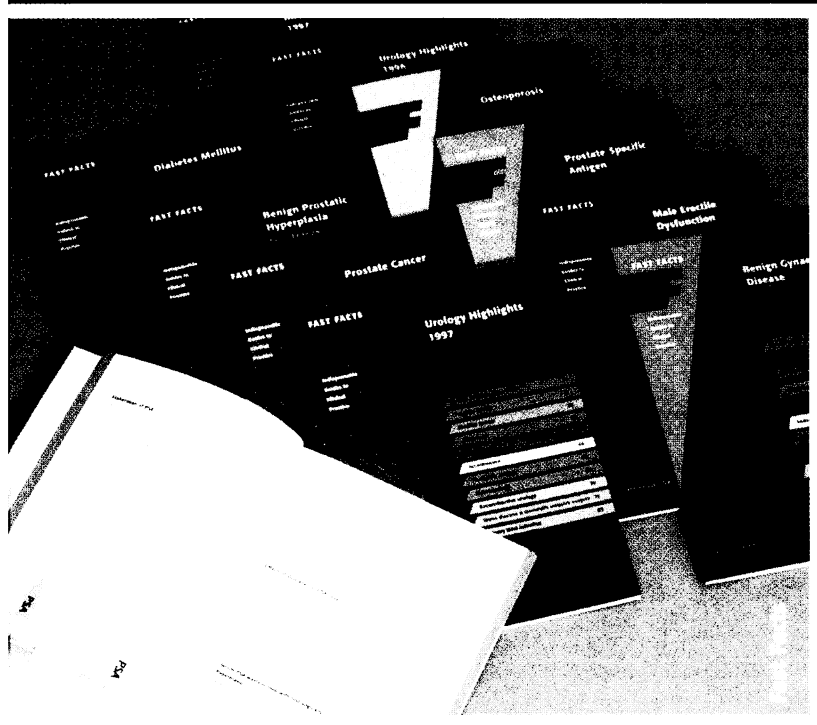


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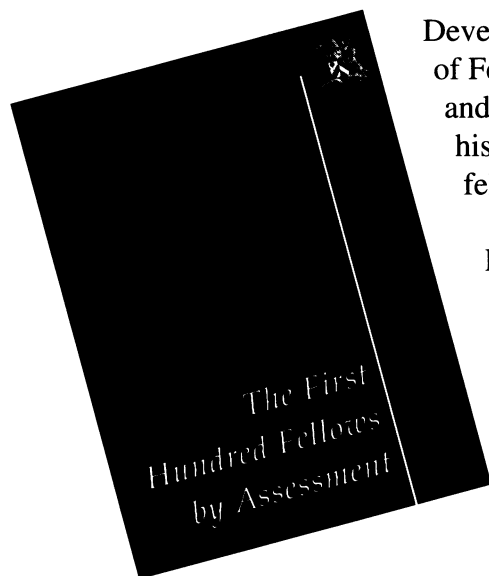
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The First Hundred Fellows by Assessment

By Richard Moore FRCGP

Publication date April 1998

Price £17.00 - £15.30 for RCGP members and associates



Developed exclusively by general medical practitioners, the process of Fellowship by Assessment examines both clinical performance and practice organization. The book outlines the fascinating history of FBA and offers an insight into how the first hundred fellows responded to the challenges they encountered.

Pioneers of a new system, the fellows disclose why they initially took up the challenge. Despite difficulties and setbacks, their responses describe the possibilities for self development and the positive effects on morale, clinical standards and the organization of their practice.

Their experiences will give potential candidates a unique insight into all aspects of the procedure, including:

- Preparation
- Implementation
- The assessment visit

The book also provides:

- An informative history of the origin and development of Fellowship by Assessment
- A description of the experiences of the first 107 members to be elected
- Results from a survey completed by a number of the first hundred fellows
- A comparison of other assessment systems available in primary care.

To commemorate the efforts and achievements of these first hundred fellows by assessment Richard Moore, an experienced MRCGP examiner and FBA assessor, has brought together this impressive history of FBA which highlights its growing potential and the optimism with which GPs view the assessment process. Informative and revealing, this book is a must-read for future fellows and everyone interested in the progress of the College.

"This book is an account of why and how members of the College took up the challenge and how the eyes of many who believed they were already practising well were opened to the possibilities of further improvement" **Richard Moore**

"A fascinating account of the genesis of our most important development in quality assurance." **Professor Mike Pringle MD FRCGP Chairman Elect, Royal College of General Practitioners**

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ROYAL COLLEGE OF GENERAL PRACTITIONERS SCOTTISH COUNCIL IAN STOKOE MEMORIAL AWARD 1998

Scottish Council and South East Scotland Faculty of RCGP invite applications for the Ian Stokoe Memorial Award:

- Open to any Fellow, Member or Associate of the Royal College of General Practitioners
- To encourage high standards in the preparation of material for publication, with particular regard to good visual presentation
- Value of Award - £250
- Special reference to quality and aptness of use of illustrations, graphs, figures, line drawings, tables or photographic material
- Priority given to previously published material
- Material used in lectures given under aegis of the College or Faculty also considered
- Material not yet published will be considered if of sufficient standard
- Applicants should submit material either in original form or as a copy of a reprint of an article
- Candidate should be author, but not necessarily the sole author, of article
- Candidates submitting photographic or other illustrated material should have undertaken the original photographic or drawing work, but can have received professional help in the development of final production
- Applicants may submit their own name and material or, alternatively, any Fellow, Member or Associate of the College attracted by a particular article may encourage the author (provided he is eligible) to submit his material for adjudication.
- Material should be sent by registered post to:

Dr George Dyker,
Honorary Secretary & Treasurer,
Royal College of General Practitioners,
Scottish Council,
2 Hill Square, Edinburgh EH8 9DR.
Tel: 0131 667 3115 Fax: 0131 667 1060

CLOSING DATE FOR APPLICATIONS:
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VOLUNTEERS NEEDED FOR A TRIAL OF A POSSIBLE NEW TREATMENT FOR MYALGIC ENCEPHALOMYELITIS/CHRONIC FATIGUE SYNDROME

A national trial sponsored by Shire Pharmaceutical Development Ltd is being carried out for a potential new treatment for ME/CFS. This trial has approval from several Research Ethics Committees in the London region, Manchester, Bristol, Bath, Oxford, Banbury, Romford, Leigh-on-Sea, Truro, Cardiff, and Preston and patient recruitment is already underway.

The drug being researched is Galantamine Hydrobromide. From 300 participants, up to 15 patients are needed at each trial centre. People who have a diagnosis of CFS, Fibromyalgia, or ME may be suitable.

Entry Criteria include:

- ◆ Aged between 18-65
- ◆ Not taking any prescribed medication - with the exception of the contraceptive pill - at the time of entry into the trial
- ◆ Must meet the criteria of a diagnosis of CFS
- ◆ Must not have any other physical or psychiatric illnesses
- ◆ Must not have a history of ME/CFS in excess of 7 years

The study involves:

- ◆ Up to 8 visits to the hospital over a period of 4 months
- ◆ Taking 2 tablets three times a day. The tablets may either be the new treatment or a non-active placebo
- ◆ Completing questionnaires, performing simple computer tests, have a small blood sample taken at each visit

For further information telephone:

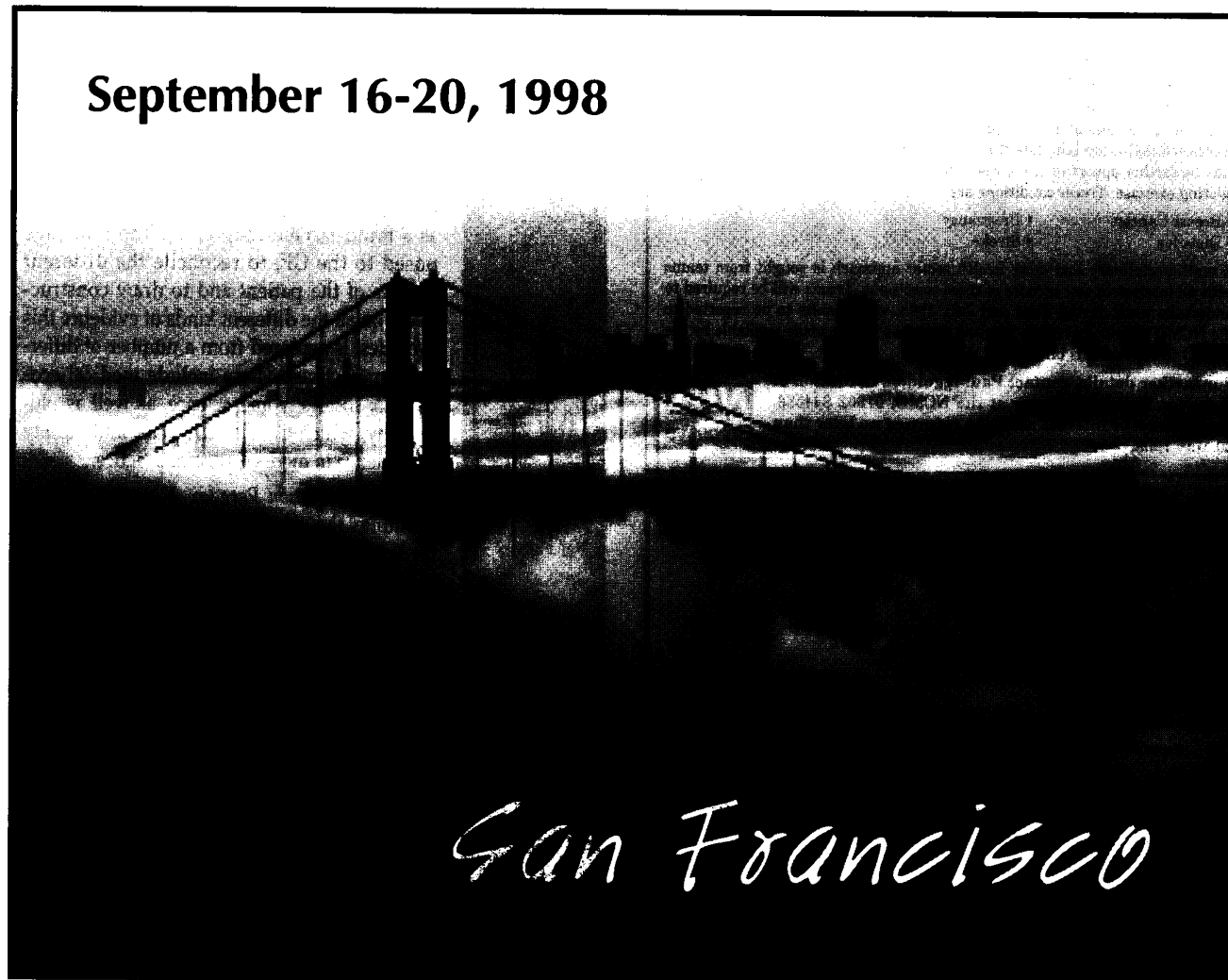
Shire Pharmaceutical Development Ltd and ask for Dr Ian Howe on 01264 333455.

SHIRE PHARMACEUTICALS, East Anton, Andover, Hants. SP10 5RG.

*50th
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8880 Ward Parkway, Kansas City, Missouri 64114
E-mail: assemblyinfo@aafp.org

CLASSIFIED ADVERTISEMENTS

Classified Advertisements are welcomed and should be sent to: Maria Phantis, Royal College of General Practitioners, 14 Princes Gate, Hyde Park, London SW7 1PU. Telephone: 0171 - 581 3232. Fax: 0171 - 225 - 0629. Copy must be received three weeks before the 1st of the month of issue to ensure inclusion. Every effort will be made to include advertisements received after this date but publication cannot be guaranteed and the advertisement may have to be held over to the following issue. The publisher will not be responsible for any error in the insertion of, or omission to insert, any advertisement. The charge for space in this section is £25.00 per single column centimetre, plus £10.00 if a box number is required, plus VAT at 17.5%. Fellows, Members and Associates of the Royal College of General Practitioners may claim a 10% reduction. Replies to box numbers should be sent to the above address, with the box number on the envelope. The inclusion of an advertisement in this *Journal* does not imply any recommendation and the Editor reserves the right to refuse, amend or withdraw any advertisement without explanation. All recruitment advertisements in this section are open to both men and women.

RECRUITMENT

MEDICAL PRACTICE OPPORTUNITIES

(Family Practice and ER Physicians)

Craggy cliffs, deep fjords, snow-capped mountains and abundant wildlife are just a few of the natural attractions Newfoundland and Labrador, Canada, has to offer. If you would like to practice in a pristine environment and perhaps the last bastion of clean air and pure water in North America, consider Newfoundland and Labrador.

The Province of Newfoundland and Labrador has a number of unique and challenging rural positions throughout the province for the right General Practitioner or Emergency Room Physician. These opportunities vary between salaried and fee-for-service positions.

Qualifications are in accordance with the Newfoundland Medical Board regulations. For further information on the positions and the required qualifications, contact the Recruitment Office or send a current resume to:

*Physician Recruitment Coordinator
Newfoundland and Labrador Health Care Association
P.O. Box 8234*

*St. John's, NF, Canada A1B 3N4
Telephone (709) 364 7701 Fax: (709) 364 6460
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DOCTORS

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Most work on mobile basis

Please reply with a brief C.V. to:

*Laura Holden,
Harley Street Doctors/Screening
77 Harley Street,
London, W1N 1DE*

DOCTORS

London Brook Advisory Centres requires doctors with family planning qualifications to work as part of a multi-disciplinary team in LEWISHAM on Tuesday evenings and ROTHERHITHE on Thursday evenings.

Brook doctors must have an understanding of young people's sexual health issues and be committed to a positive and non-judgmental approach.

Applicants should have current membership of the MDU or other similar body.

Locum and regular sessions at other centres, both North and South London, are also currently available.

For further details and an application form please send a large SAE with 50p in stamps to Yvonne Farrar at 233 Tottenham Court Road, W1P 9AE. Telephone 0171 631 4245 (24 hour answerphone).

Previous applicants need not apply.

Partner Wanted Hythe, Kent

Retirement vacancy, new partner to commence October 1998.

Practice with a very sound financial footing in a traditional Kent fishing town. Exciting prospects! Good out of hour co-op. Eligible for minor ops/obs list.

Hand written letter, (with CV and 2 references) to:

**Simon Meacock PA
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Enquiries to 01303 266652**

COURSES/CONFERENCES



Resuscitation Council (UK) Advanced Life Support Course

10, 11 & 12 August 1998

Course Director: Carlton Jarvis
Resuscitation Council (UK) Instructor

Applications are invited for the above 3 day *Advanced Life Support Course*

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Course content will include the following topics:

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Cardiac Arrest Management	Post Resuscitation Care
Ethics & Legal Aspects	Bereavement

Course Fee £295

Includes literature catering etc.
(accommodation can be arranged if required)

For an application form & information pack please contact Nikki Hillidge on 0181 296 2357
Venue: Post Graduate Medical Centre, St. Helier Hospital, Wrythe Lane, Carshalton, Surrey. SM5 1AA.

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Further details from:

Trent Palliative Care Centre,
Sykes House, Little Common Lane, Abbey Lane,
Sheffield S11 9NE.

Tel: 0114 262 0174. Fax: 0114 236 2916.

THE TAVISTOCK CLINIC



Mind and Body in Practice The second annual Tavistock GP Study Week 13 - 17 July 1998

Following the success of last year's event, we are pleased to announce a second annual GP Study Week, designed both for previous participants and newcomers. Organised by the Clinic's senior staff including its two consultants in general practice and primary care, (Andrew Elder and John Launer) this year's Study Week will include presentations and workshops on a further range of topics in which the Tavistock has made important advances in research and training, all immediately relevant to GPs. These topics will include partnership and team interactions, child protection and gender identity, as well as different ways of conceptualising everyday GP work with physical illness and mental disturbance.

Typical comments from last year's evaluation: "highly relevant..." "Generally most excellent, Very exciting structure and shows obvious evidence of very detailed and meticulous planning..." "Course material gripping and arrangements enlisted lots of informal interchange - very enriching..."

PGEA approval applied for.

For further information please contact:
Jenni Hudson, The Conference Unit, Tavistock Clinic,
120 Belsize Lane, London NW3 5BA. Tel: 0171 447 3715
Fax: 0171 447 3785. Please quote ref: C68.



The Worshipful Society of Apothecaries of London

DIPLOMA IN THE HISTORY OF MEDICINE

The next course will start on Saturday 19 September 1998. Thereafter sessions will be held on alternate Saturday mornings until 24 July 1999. The fee for the course is £350.

DIPLOMA IN THE PHILOSOPHY OF MEDICINE

The next course will start on Saturday 3 October 1998. Thereafter sessions will be held on alternate Saturday mornings until 26 June 1999. The fee for the course is £350.

Details of both Diploma Courses are available
from The Society of Apothecaries,
Apothecaries' Hall, Black Friars Lane,
London EC4V 6EJ. Tel: 0171-236 1180.



RESEARCH SYMPOSIUM Opportunities for Research In General Practice and Primary Care

Thursday May 21st, 1998 Regent's College, London

The Royal College of General Practitioners' Research Group's Symposium is being held to respond to the changing funding opportunities for primary care research and the emergence of new primary care research networks and individual research practices. The event is innovative and interactive and will cover issues of importance to all primary care professionals.

The symposium will be divided into a number of strands covering presentations, workshops and posters and will be headed by *three prestigious keynote speakers*:

- **Professor John Swales** – Director of R&D for the NHS
- **Professor David Mant** – Chairman of the National Working Group on R&D in Primary Care
- **Professor George Radda** – Chief Executive of the Medical Research Council.

Why this event will appeal to you:

- includes powerful addresses by 3 keynote speakers setting policy for NHS R&D
- covers the implementation of the new R&D strategy and funding arrangements in primary care research
- links research with multiprofessional education and training issues in primary care
- relevant to individuals, research practices and networks
- opportunities for novice and experienced researchers to share ideas

PGEA applied for. Fee to be confirmed.

For further details of the above event please contact:

RCGP Courses & Conference Unit, 14 Princes Gate, London SW7 1PU.

Tel: 0171 823 9703 Fax: 0171 589 1428 Email: courses@rcgp.org.uk

Quoting Reference: Research/ftc



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For further details contact:

The Admissions Tutor (01792) 295755
Centre for Philosophy and Health Care,
University of Wales Swansea, Swansea SA2 8PP



Counselling in General Practice Study Day

Thursday 4th June, 1998

If you are thinking of employing a counsellor in your practice, or already have a counselling service that you want to improve and develop, then this study day is for you.

Leaders in the field of GP Counselling, service provision, research and evaluation will make presentations and lead practical hands-on workshops covering a range of issues which will enable you to enhance the service you already provide or to set up a service appropriate to the practice's needs. PGEA applied for. Delegate Fee - £79.98 + V.A.T. (Total = £93.97)

For further details of the above event please contact:

**RCGP Courses & Conference Unit,
14 Princes Gate, London SW7 1PU.**

**Tel: 0171 823 9703 Fax: 0171 589 1428
Email: courses@rcgp.org.uk**

Quoting Reference: Counselling/93.97



British Heart Foundation

Study Days

Following the success of its study days for hospital based nurses, the British Heart Foundation has extended this support to those working in the community, by creating a 'unique opportunity' for health professionals to organise their own study days adapted to their local needs.

The BHF has funding available for 10 study days this year and is offering up to £2,500 for each event.

It would be ideal for the study days to draw on local speakers and be aimed at health professionals working either in hospital or in the community. They should cover the many aspects of heart disease and the overall care of patients with different heart conditions. They could also include a variety of workshops to suit the needs of health professionals working in different specialities.

If you would like to organise a study day in your area, with the help of funding from the BHF, and would like an organiser's pack giving details on how to organise a study day, please complete the form below.

I am interested in organising a study day.

Please send me an organiser's pack for:

☐

Nurses study days (hospital based nurses)

☐

Community health professionals study day.

Name _____

Work address _____

Postcode _____

Telephone _____



British Heart Foundation

Please return this form to:

Pauline Willie, Education Department, British Heart Foundation,
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Next entry: **September 1998**

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Sunday 6 December 1998 - Friday 11 December 1998

This course is designed for Trainers who wish to refresh and update their skills, consolidate and extend previous training and develop aspects of training to a more advanced level.

To reserve your place on either course or for more information please contact:

Mrs Janet Marjoram, The Hawthorns Surgery,
331 Birmingham Road, Sutton Coldfield,
West Midlands B72 1DL.

Tel: 0121 384 1579 Fax: 0121 382 1274.

PRIFYSGOL CYMRU ABERTAWE

Adran Nyrsio, Bydwreigiaeth a Gofal Iechyd
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For further information, please contact: Carwen Earles, Programme Manager

Tel: 01792 205 666 Ext 5770 Email: C.E.Earles@swan.ac.uk

Application details may be obtained from the Admissions Office, School of Health Science, University of Wales, Swansea, Parc Beck Campus, Sketty Road, Swansea SA2 9DX.

Tel: 01792 280647 Email: J.J.Jones@Swansea.ac.uk. WWW: <http://nursing.swan.ac.uk>



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Most masters courses can be taken in combination with a PGCert. in Management or in Education for Health and Social Care Professionals. Modules from the Programme can also be taken individually.

FOR FURTHER INFORMATION CONTACT: **Dr Peter Frost, The Faculty of Health, University of Brighton, Falmer Site, Brighton, East Sussex BN1 9PH. Tel No: (01273) 642070 or 643474. Fax No: (01273) 643324. eMail address: health@bton.ac.uk**

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The next two courses commence on 7th September 1998 and 8th February 1999.

For details, write to the DTM&H Course Secretary (BJGP), Liverpool School of Tropical Medicine, Pembroke Place, Liverpool L3 5QA. Tel: 0151 708 9393 ext. 2189. Fax: 0151 708 8733. Email: tm0s700e@liv.ac.uk

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Details: A Valentine, Flat 23, Broadfields Heights, 53-59 Broadfield Avenue, Edgware, Middlesex HA8 8PF. Telephone: 0181 905 4342.

INFORMATION SERVICES FROM THE RCGP

The Information Services Section (ISS) provides a library and information service to GPs and others interested in the field of general practice. Charges are made from certain services e.g. photocopies and literature searches, with significant reductions for Fellows, Members and Associates.

- **Library Service** - The Geoffrey Evans reference Library at Princes Gate is open to visitors from 9:00am to 5:00pm, Monday to Friday (by appointment for non-members of the College). The Library has a unique collection of literature on general practice including over 5000 books, 200 theses and a periodical collection of over 250 titles. The ISS online catalogue established in 1985 includes all Library stock from that date, consisting of books, selected journal articles, pamphlets and reports relating to general practice.
- **Enquiry Service** - Using the resources of library and the ISS online catalogue, the Enquiry Service provides information on all aspects of general practice except financial and legal. The service also offers access to a number of electronic databases including Medline and the Cochrane databases, which are available in-house on CD-ROM. Many other databases are available online.
- **Photocopy and Loans Service** - The ISS runs a photocopy service for journal articles required by Fellows, Members, Associates and GP Registrars where the required items are not easily obtainable from elsewhere. Where requests cannot be satisfied from the Library's periodical holding we can obtain items through inter-library loan services.
- **Information Sheets** - The ISS produce Information Sheets on various aspects of general practice. A full set can be obtained from the ISS or from the College Web site: www.rcgp.org.uk/informat/rci0002.htm. To go on the mailing list to receive all new and updated titles contact the ISS.
- **Summary Papers** - Summaries of important documents in the field of general practice are also produced by the ISS. New Summary papers are advertised in the BJGP and are available on the College's Web site.
- **Internet Services** - The College provides various services through its Web site at <http://www.rcgp.org.uk>. Services include; access to Information Sheets and Summary Papers; free Medline searching and access to Healthworks Medical CD-ROM Shop.
- **Museum and Archive Service** - The College is rationalising its collection of over 700 historical instruments to establish a core collection for display in the College. Work is also in hand to reorganise the RCGP Archives, with a view to opening for readers within the next eighteen months.

CONTACT

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Book loans, renewals, photocopies *ext. 219/254* Archives *ext. 275*
Museum enquiries *ext. 231*

diary

May 8-9

GP 98

- Sterling Events, Birmingham

May 11-15

International Course on Developing
Teaching Skills- Module II

May 21

Research Symposium

- Regent's College

June 4

Study Day on Counselling
in General Practice

June 10

IHSM Medicine for Managers
Seminar - Birmingham

June 14-18

WONCA, in Dublin

September 8-12

MRCGP Course

October 14/15 or 28/29 tbc

Minor Surgery Course

November 2-6 tbc

International Course 1998/99
Module I

November 20

Annual General Meeting

December 11

Study Day on HIV/AIDS - max 90

December 10/16 tbc

Christmas Lecture - max 90

Unless otherwise stated,
all events take place at

**Royal College of
General Practitioners,
14 Princes Gate, Hyde Park,
London SW7 1PU**

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web site of the month

BJ, Surfing around looking for alternative ways of doing some Easter DIY instead of my usual destroy-it-yourself technique carefully honed in teenage woodwork classes, I pressed a wrong button and came up with some stuff. Such is the way of the Web...

The British Medical Acupuncture Society <http://users.aol.com/acubmas/bmas.html> is a devoted association of medical practitioners interested in acupuncture. Acupuncture advice is also available for dentists and vets!! So if you don't fancy it you can experiment on your cat (or your children) to see what they think. Reassuringly, BMAS opposes unfounded therapeutic claims (unlike some other people I could mention)...

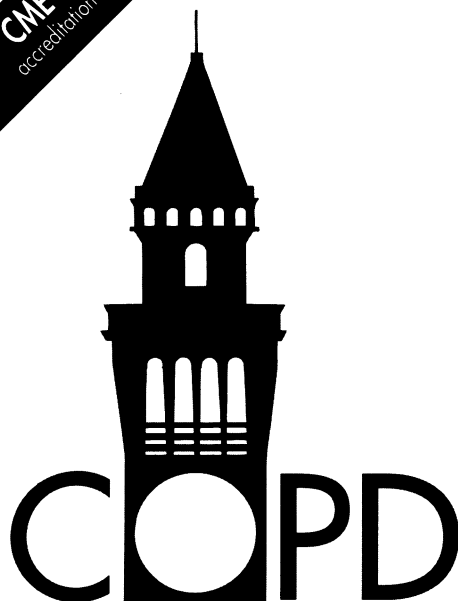
Also available is Magnotherapy <http://www.alaweb.com/magnet/> good for inflammation of the joints, nerves and tendons. When a magnet is applied to the human body, magnetic waves pass through the tissue and increase blood flow naturally. There's a new use for my Junior Chemistry set.

Mrs Grieves Botanical Garden is a good place to discover the delights of herbal medicine <http://www.botanical.com/botanical/>. There's even a herb called 'Angel's Fishing Rod' but you have to go to South Africa to 'collect' one, although you can see a picture. Strangely it doesn't seem to report any medicinal usages except perhaps as a divine guide to where to put your rod on a late afternoon in February by the Manchester Ship Canal.

One problem with all this though Doc. No free pens!

Rob

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