Supplementary Table 1. Grading of limitations of physical functioning by dyspnoea (MRC scale) and airflow limitation (GOLD staging).

Grade		Value†
-	No breathlessness at all	0
MRC I	Not troubled with breathlessness except with strenuous exercise	1
MRC II	Troubled by breathlessness when hurrying on the level or up	1
	a slight hill	
MRC III	Walks slower than people of the same age on the level because of breathlessness or have to stop for breath when walking at my	2
	own pace on the level	
MRC IV	Stops for breath after walking 100 yards or after a few minutes	2
	on the level	
MRC V	Too breathless to leave the house or breathless when dressing	2
-	No airflow limitation	0
GOLD I	Mild airflow limitation	1
GOLD II	Moderate airflow limitation	2
† Value: recoded grade of limitations by dyspnoea and airflow limitation used in logistic regression		

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