



Thursday, 12 March

8:30am **Registration & Coffee**
Main Hall

9:15am **Welcome from Prof Roger Jones**
Auditorium

9:35am **The importance of research in taking the NHS into the next decade**
Auditorium
Chaired by: Prof. Martin Marshall

The importance of research in taking the NHS into the next decade
» Prof Martin Marshall

10am **Going public: how to tell the world about your work without it backfiring**
Auditorium
Chaired by: Dr. Graham Easton

Going public: how to tell the world about your work without it backfiring
» Dr Graham Easton

10am **Peer review and Critical Appraisal**
G4/5
Chaired by: Prof. Roger Jones

Peer review and Critical Appraisal
» Prof Roger Jones

10am **Opinion writing for academics: finding your passion**
G2
Chaired by: Dr. Euan Lawson

Opinion writing for academics: finding your passion
» Dr Euan Lawson

11am **Refreshments & Poster session**
Main Hall

Living with knee osteoarthritis: the positive impact of reducing knee compression when sleeping. A pilot feasibility randomised trial
» [Dr. Chanchal Bhattacharjee](#), Dr. John Buckley

Evaluation of a novel anxiety & trauma intervention in the Edinburgh Fringe
» [Dr. Andrew Ashworth](#)

Achieving Better Quality Care in General Practice: Are Incentives the Answer?
» Ms. Kanwal Ahmed, Ms. Salma Hashim, Ms. Mariyam Khankhara, Ms. Ilhan Said, [Ms. Amrita Shandakumar](#), Ms. Sadia Zaman, Dr. Andre Veiga

Opioid crisis in primary care? An audit of high dose opioid prescribing at Bangholm GP Practice
» [Ms. Charlotte Greene](#), Ms. Alice Pearson

Inequalities in suicide rates associated with deprivation in England from 2004 to 2019
» [Dr. Sam Hodgson](#), Mr. Jack Hodgson

The prevalence of musculoskeletal presentations in general practice: an epidemiological study
» [Dr. Ruairi Keavy](#)



Continued from **Thursday, 12 March**

Exploring patient preference regarding interpreter use in primary care

» Ms. Heather Steele, [Dr. David Lehane](#), Dr. Elizabeth Walton, Dr. CAROLINE MITCHELL

A pilot project on the management of osteoporosis in primary care: results of the audit cycle

» Ms. Sindhuja Jothimurugan, [Dr. Subramanian Jothimurugan](#), Mrs. Deepali Sanganee, Dr. Thushani Wickramaratne, Dr. Myo Lynn

Decision making on clinical care choices including end of life decision making for older adults in an acute care setting

» [Dr. Sinead O'Reilly](#)

Revolutionising participants health and wellbeing through Neuro-reprogramming via Slimpod® app: an RCT

» Dr. Richard Kyle, Mr. Stephen Jones, [Mrs. Sandra Roycroft-Davis](#)

Evaluating the relational continuity of care of four GP practices, one of which uses personalised lists

» [Dr. Riaan Swanepoel](#)

Appropriate secondary prevention of stroke and TIA with antithrombotics: an audit in general practice

» [Ms. Isabelle Williams](#), Mr. William Smith, Mr. Edward Nash, Dr. Ajay Patel

Creation of a new frailty scale in general medicine

» [Dr. Abrar-Ahmad Zulfiqar](#), Dr. Noël Lorenzo, Dr. André Gillibert, Dr. Alexandre Sebaux, Prof. Emmanuel Andres

2017 Cancer Prevalence Dashboard for London

» Ms. Amy Zalin, Ms. Sophie Jose, Mr. Jason Petit, [Ms. Liz Price](#), Dr. Tania Anastasiadis

11:25am **Chronic Disease & Multimorbidity**

Auditorium

Chaired by: Prof. Domhnall MacAuley

11:25am **GP views on the routine identification of older people living with frailty in primary care**

» [Dr. Ebrahim Mulla](#)

11:45am **The Annual Dementia review: exploring current practice in primary care**

» [Dr. Johanne Dow](#), Dr. Alison Wheatley, Prof. Catherine Exley, Prof. Louise Robinson

11:25am **Consultation & Communication**

G1

Chaired by: Dr. Euan Lawson

11:25am **If GPs who teach medical students were assisted to be good role models might this influence the medical career the students choose?**

» [Dr. Jonathan White](#)

11:45am **What do patients want? A qualitative exploration of patients' needs and expectations regarding online access to their primary care record**

» [Dr. Gail Davidge](#), Prof. Caroline Sanders, Ms. Rebecca Hays, Dr. Rebecca Morris, Dr. Helen Atherton, Dr. Freda Mold, Dr. Brian McMillan

12:05pm **Quantifying empathy levels amongst UK undergraduate medical students: an online survey**

» [Ms. Sarah Garnett](#), Dr. Hajira Dambha-Miller, Dr. Beth Stuart

11:25am **Diagnosis & Decision Making**

G5

Chaired by: Prof. Roger Jones



Continued from **Thursday, 12 March**

11:25am **Time for change? A comparative analysis of general practitioners opinions on appointment length**

» [Ms. Katherine Murdoch](#)

11:45am **Missed acute coronary syndrome during telephone triage at out-of-hours primary care: Lessons from a case-control study**

» [Mrs. Carmen Erkelens](#), Prof. Frans Rutten, Mrs. Loes Wouters, Dr. Esther de Groot, Prof. Roger Damoiseaux, Prof. Arno Hoes, Dr. Dorien Zwart

11:25am **Health Promotion**

G2

Chaired by: Dr. Luke Allen

11:25am **The Moving Healthcare Professionals Programme**

» [Dr. Michael Brannan](#), Mr. Matt Hughes-Short

11:45am **'Would you like to join the NHS Organ Donor Register?' A general practice feasibility study.**

» Ms. Catrin Pedder Jones, Dr. Chris Papadopoulos, [Prof. Gurch Randhawa](#), Mr. Zeeshan Asghar

12:05pm **Increasing the referral of obese patients to the local exercise-on-referral scheme in a UK primary care setting**

» [Dr. Vasudev Zaver](#), Dr. Stephen Wormald, Dr. Vibhore Prasad

11:25am **Health Services Research**

G6/7

Chaired by: Dr. Melanie Davis-Hall

11:25am **Interpreters costs across clinical commissioning groups in England 2017–2018: a cross sectional survey using 'freedom of information' requests**

» [Dr. David Lehane](#), Dr. Philip Oliver, Dr. CAROLINE MITCHELL, Prof. Christopher Burton

11:45am **A Primary Care Network analysis: natural communities of general practices in London**

» [Dr. Thomas Beaney](#), Dr. Jonathan Clarke, Prof. Mauricio Barahona, Prof. Azeem Majeed

12:05pm **Improving access to appointments at Laurie Pike Health Centre**

» [Dr. Jordan Moxey](#), Dr. Will Murdoch

11:25am **Health Services Research**

G12/13

Chaired by: Dr. Hajira Dambha-Miller

11:25am **Determinants of primary care workforce variation in England**

» [Dr. Jon Gibson](#), Dr. Sharon Spooner, Prof. Matt Sutton

11:45am **Anticipatory care planning for older adults: a trans-jurisdictional feasibility study**

» [Dr. Dagmar Corry](#), Dr. Julie Doherty, Dr. Adrienne McCann, Dr. Frank Doyle, Dr. Christopher Cardwell, Dr. Gillian Carter, Prof. Mike Clarke, Prof. Tom Fahey, Prof. Paddy Gillespie, Dr. Kieran McGlade, Dr. Peter O'Halloran, Dr. Emma Wallace, Prof. Kevin Brazil

11:25am **Training & Professional Development**

G4

Chaired by: Prof. Joe Rosenthal

11:25am **Evaluating interprofessional education: initial learning from an domestic abuse conference**

» Ms. Cheryl Yardley, Ms. Karen Hynes, [Dr. Andrew Charley](#), Ms. Sari Sirkia-Weaver, Ms. Julie Critcher, Ms. Lorna Hughes, Ms. Emma Banks, Mrs. Jane Arnott, Mr. Tim Woodhouse, Ms. Anne Lyttle

11:45am **General practice is 'different': acculturation experiences of East Staffordshire general practice specialty trainees**

» [Dr. Dinusha Perera](#), Prof. Kay Mohanna

12:05pm **The Development of Palliative Care Education and Training for General Practitioners in Yangon, Myanmar: a workshop success**

» [Dr. Kerran Kandola](#), Dr. Myint Oo



Continued from **Thursday, 12 March**

12:25pm **Lunch**
Main Hall

1:15pm **The Research Agenda for the New Primary Care Team**
Chaired by: Dr. Euan Lawson

The Research Agenda for the New Primary Care Team

2:15pm **Going public: how to tell the world about your work without it backfiring**
G2
Chaired by: Dr. Graham Easton

Going public: how to tell the world about your work without it backfiring
» Dr Graham Easton

2:15pm **Environmental sustainability in academic publishing**
G4/5
Chaired by: Dr. Luke Allen and Prof. Roger Jones

Environmental sustainability in academic publishing
» Dr Luke Allen

2:15pm **Opinion writing for academics: finding your passion**
Auditorium
Chaired by: Dr. Euan Lawson

Opinion writing for academics: finding your passion
» Dr Euan Lawson

3:15pm **Refreshments and Poster Session**
Main Hall

A study of use of anticipatory medicines in the community

» [Dr. Temitope Ajayi](#), Dr. Christopher Williams

Blood tests in general practice: the use of routine data to characterise venous blood testing in North West London, 2016 - 2018

» [Dr. Marize Bakhet](#), Mr. Zia Ul-Haq, Dr. Tahereh Kamalati, Mrs. Amanda Lucas, Prof. Azeem Majeed, Dr. Austen El-Osta

Cancer treatment decisions for people living with dementia: experiences of family carers

» [Dr. Catherine Hynes](#), Dr. CAROLINE MITCHELL, Prof. Lynda Wyld

How do you diagnose asthma? A multiple case study design to understand and explain current use of national guidelines by primary care clinicians

» [Dr. Fiona Hares](#), Dr. Daniel Menzies, Prof. Paul Brocklehurst, Dr. Sion Williams

Multiple risk behaviour intervention to prevent depression in primary care (Poster)

» [Ms. Irene Gómez-Gómez](#), Dr. Emma Motrico, Dr. Patricia Moreno-Peral, Dr. Tomás López, Dr. Ana Clavería, Dr. Barbara Oliván, Dr. Ruth Marti, Dr. Joan Llobera, Dr. Jose-Angel Maderuelo-Fernández, Dr. Juan-Ángel Bellón

Association between screen-time and school performance of secondary school children of Karachi-Pakistan

» [Dr. KASHAN NIAZI](#)

Management of gout and adherence to current guidelines in general practice surgery

» [Dr. Agnes Kempny](#), Dr. Jamie Martin

A case study evaluation of a community multidisciplinary team in south east England using a mixed method approach

» [Dr. Jessica Wyatt Muscat](#)



Continued from **Thursday, 12 March**

Antibiotic resistance of uropathogenic Escherichia coli and ESBL prevalence in general practice patients over ten years time

» [Mrs. Antoinette van Driel](#)

A scoping review of community holistic interventions for older people with multimorbidity

» [Dr. Timothy Smith](#), Ms. Tahera Patel, Dr. Asangaedem Akpan, Prof. Andrew Clegg, Prof. Dame Caroline Watkins, Dr. Catherine Elizabeth Lightbody, Prof. Morris Gordon, Prof. Umesh Chauhan

Codex and MMSE: what to choose?

» [Dr. Abrar-Ahmad Zulfiqar](#), Dr. Noël Lorenzo, Prof. Emmanuel Andres

Healthcare professionals' perspectives on lung cancer screening in the UK: a qualitative study

» Dr. Charikleia Margariti, Dr. Maria Kordowicz, [Mrs. Gillian Selman](#), Dr. Arjun Nair, Mrs. Yvonne Akande, Dr. Azhar Saleem, Mr. Tiago Rua

Should we be managing diverticulitis in primary care? An audit on the management of diverticulitis in primary care.

» [Dr. Miraen Kiandee](#), Dr. Rajani Sripada

3:40pm

Chronic Disease & Multimorbidity

Auditorium

Chaired by: Prof. Domhnall MacAuley

3:40pm

MULTIPAP Study: Improving healthcare for patients with multimorbidity

» Dr. Alexandra Prados-Torres, Dr. Isabel del Cura-González, Dr. Juan Daniel Prados-Torres, Dr. Christiane Muth, Dr. Francisca Leiva-Fernández, [Dr. Juan A Lopez-Rodriguez](#), Ms. Francisca González-Rubio, Mx. MULTIPAP Group

4pm

Emergency Admission Risk Prediction (EARP) tools in primary care to reduce emergency admissions to hospital: clash of evidence and practice

» Prof. Helen Snooks, Mr. Mark Kingston, [Dr. Alison Porter](#), Prof. Hayley Hutchings, Prof. Ian Russell

4:20pm

Study design of the Fasting In diabetes Treatment (FIT) trial: a randomised, controlled, assessor blinded intervention trial which examines the effect of intermittent use of a fasting mimicking diet in patients with type 2 diabetes

» [Ms. Elske van den Burg](#), Mrs. Marjolein Schoonakker, Dr. Elske van den Akker, Prof. Ko Willems van Dijk, Prof. Hildo Lamb, Prof. Hanno Pijl, Prof. Mattijs Numans, Dr. Petra van Peet

3:40pm

Consultation & Communication

G1

Chaired by: Dr. Euan Lawson

3:40pm

Dermatology in primary care: an audit of the proportion of patients who present to general practice with a dermatological problem that could be self-managed

» [Ms. Luamar Dolfini](#), Dr. Yogesh Patel

4pm

Resilience in advanced cancer caregiving

» [Mrs. Sophie Opsomer](#), Prof. Jan De Lepeleire, Prof. Emelien Lauwerier, Prof. Peter Pype

4:20pm

Preventative health screening community events, a mechanism to target minority ethnic populations in improving primary care utilisation to improve health outcomes.

» [Mr. Raza Naqvi](#), Ms. Octavia Gale

3:40pm

Clinical Management & Prescribing

G12/13

Chaired by: Dr. Hajira Dambha-Miller



Continued from **Thursday, 12 March**

3:40pm **Opioid prescriptions in patients with osteoarthritis: a population-based cohort study**

» [Mrs. Jacoline J. van den Driest](#), Dr. Dieuwke Schiphof, Mr. Marcel de Wilde, Prof. Patrick Bindels, Prof. Johan van der Lei, Prof. Sita Bierma-Zeinstra

4pm **Vitamin D deficiency is associated with increased risk of postural hypotension in older men: a cross-sectional analysis from The British Regional Heart Study**

» [Dr. Artaza Gilani](#), Dr. Sheena Ramsay, Dr. Paul Welsh, Ms. Olia Papacosta, Ms. Lucy Lennon, Prof. Peter Whincup, Prof. S Goya Wannamethee

3:40pm **Diagnosis & Decision Making**

G5

Chaired by: Prof. Roger Jones

3:40pm **Chest discomfort at night and risk of acute coronary syndrome: cross-sectional study of telephone conversations**

» [Mrs. Loes Wouters](#), Dr. Dorien Zwart, Mrs. Carmen Erkelens, Dr. Esther de Groot, Prof. Roger Damoiseaux, Prof. Arno Hoes, Prof. Frans Rutten

4pm **Identification and management of frailty in English primary care: a qualitative study of national policy**

» Prof. Harm van Marwijk, Dr. Tom Blakeman, Dr. David Reeves, [Mrs. Khulud Alharbi](#)

4:20pm **Bringing together child health professionals and dental experts to tackle oral health in children**

» [Dr. Vinoshini Vasikaran](#), Dr. Arpana Soni, Dr. Mando Watson

3:40pm **Health Services Research**

G2

Chaired by: Dr. Melanie Davis-Hall

3:40pm **Motivating factors behind skill mix change: Results from a practice managers survey in England**

» [Dr. Jon Gibson](#), Dr. Sharon Spooner, Prof. Matt Sutton, Dr. Imelda McDermott, Dr. Mhorag Goff, Prof. Kath Checkland, Prof. Damian Hodgson, Prof. Anne McBride, Dr. Mark Hann

4pm **Awareness and use of online appointment booking in general practice: analysis of GP Patient Survey data**

» Dr. Mayam Gomez-Cano, Dr. Helen Atherton, Prof. John Campbell, Dr. Abi Eccles, Prof. Jeremy Dale, Dr. Leon Poltawski, [Dr. Gary Abel](#)

4:20pm **Workforce Race Equality Standard survey in general practice Lewisham 2019**

» [Dr. Sebastian Kalwij](#)

3:40pm **Patient Perspectives**

G4

Chaired by: Prof. Joe Rosenthal

3:40pm **Patients', healthcare providers', and health insurance employees' preferences for knee and hip osteoarthritis care: a discrete choice experiment**

» [Mrs. Ilgin Arslan](#), Mrs. Samare Huls, Ms. Esther de Bekker-Grob, Dr. Rianne Rozendaal, Prof. Sita Bierma-Zeinstra, Dr. Dieuwke Schiphof

4pm **An exploration of stakeholders' perceptions of the extent to which the individual and collective views of patients with long-term conditions and their carers are heard and used to inform commissioning decisions within primary care**

» [Ms. Jane Brooks](#)

4:20pm **What influences Roma women attending NHS cervical screening? knowledge, fear and passive consent**

» [Dr. David Lehane](#), Mr. David Kandrac, Dr. Elizabeth Walton, Dr. CAROLINE MITCHELL

3:40pm **Patient Safety**

G6/7

Chaired by: Dr. Adam Firth



Continued from **Thursday, 12 March**

- 3:40pm **In situ deteriorating patient simulation in general practice (Sponsored by HEE Thames Valley)**
» [Mrs. Joanna Lawrence](#), Mrs. Petronelle Eastwick-Field, Dr. Anne Maloney, Dr. Helen Higham
- 4pm **A qualitative evaluation of a prescribing e-learning package for general practice**
» Dr. Richard Knox, Dr. Nde-Eshimuni Salema, [Dr. Naomi Clement](#), Dr. Brian Bell, Mrs. Gill Gookey, Mr. Glen Swanick, Prof. Anthony Avery
- 4:20pm **GPs' experience of safeguarding in care homes: What do they see and what do they do?**
» [Dr. Elisabeth Alton](#), Ms. Caroline White
- 4:45pm **The NHS and the current political climate**
Auditorium
Chaired by: Dr. Richard Vautrey
- The NHS and the current political climate**
» Richard Vautrey
- 5:20pm **Research Paper Prizes**
Auditorium
Chaired by: Prof. Roger Jones
- Research Paper Prizes**
- 5:30pm **Closing remarks**
Auditorium
Chaired by: Prof. Roger Jones