



COVID-19 CLINICAL SOLUTIONS

In response to the COVID-19 crisis we have created a rapid communications platform:

<p>What did you do?</p> <p>We setup a monthly B12 injection drive-through clinic.</p>
<p>Who are you?</p> <p>Dr Linzi Lumsden Mrs Tracey Thom Mrs Gillian Mitchell</p> <p>Danestone Medical Practice, Fairview Street, Bridge of Don, Aberdeen, AB22 8ZP</p>
<p>What was the problem?</p> <p>Inability to bring patients into surgery for face-to-face appointment for 3 monthly B12 intramuscular injection due to COVID-19.</p>
<p>What was the solution?</p> <p>Setup a monthly B12 drive-through clinic. Patients phoned in advance with instructions, attend in their own vehicle at a given time with their arm 'prepared'. Drive to cordoned off area next to practice building when signalled. IM injection administered into R or L deltoid area by one nurse in full PPE, outside. HCA supports via the window – responsible for drawing up injections and documentation. Can use for shielding patients too. Monthly clinic dealing with 30 patients in 5-minute slots. Completed in <2 hours. High patient satisfaction as alternative is no B12 injection or oral tablets. More time efficient, practice can plan work in advance and schedule to suit. Practice recall ensures injections are administered on time.</p>
<p>Where can we find out more?</p> <p>danestone.clinical@nhs.net</p> <p>www.danestonemicalpractice.co.uk</p>

<https://bjgp.org>